



SUBJECT CURRICULUM STATEMENT: PE

INTENT

At St John's C of E First School, we recognise the value of Physical Education (PE) and the important role it plays in the education of children. Through our PE curriculum we aim to:

- ❖ Promote an active, healthy and enjoyable lifestyle
- ❖ Encourage self-motivation and confidence
- ❖ Promote physical and social competence
- ❖ Promote an enjoyment of exercise
- ❖ Provide opportunities to compete competitively in a range of sporting contexts
- ❖ Enable the children to build character and embed our school core values of wisdom, respect, hope, self-control, friendship and resilience

IMPLEMENTATION:

PE is taught as an area of learning in its own right and where possible with other curriculum areas such as active maths or linking dance with the topic they are learning e.g. Vikings or Romans. It is taught through a minimum of two PE sessions a week, one of those being taught by an experienced and qualified sports coach. Lessons in EYFS and KS1 will be taught using the REAL PE scheme focusing on the FUNdamental skills such as agility, balance and coordination. This will continue into KS2 but with a focus on more specific sports e.g. tag rugby, hockey or tennis. In all three stages, these specific sports may be taught by external coaches with the help and assistance of teachers as a form of CPD or by the teacher. Year 4 children also get to experience outdoor adventurous activities as part of their residential.

Lessons are planned so that children have the opportunity to:

- ❖ Have fun while experiencing physical activity,
- ❖ Participate in physical activity at their own level of development
- ❖ Build and secure a range of skills
- ❖ Develop positive sporting attitudes
- ❖ Understand and follow basic rules
- ❖ Learn to participate in physical activity safely and in a safe environment
- ❖ Experience and participate in sports festivals and competitions in a positive environment within school and against children from other schools within Frome

IMPACT

Our St John's PE curriculum inspires children to succeed and excel in competitive sport and other physically-demanding activities. Through the PE opportunities we provide, children become physically confident in a way that supports their health and fitness. Competition in sport and other activities helps to build their character and embed our school expectations, core values, and the values of fairness, equality and aspiration.

CULTURAL CAPITAL

By the end of Year 4, children will leave St John's as healthy as possible having experienced a wide range of sports and physical activities with an understanding of how to stay physically and mentally fit. They will have developed the skills and knowledge of rules and tactics to participate in the range of sports on offer as they move on to Middle School.

Our hope is that our PE lessons help our children to join and continue to be part of community clubs within and beyond the local area in the hope that Frome can find another world champion like Jenson Button (F1) or the Olympian (4x400m relay) Emily Diamond.