



## SUBJECT CURRICULUM STATEMENT: PE

### INTENT:

At St John's C of E First School, we recognise the value of Physical Education (PE) and forms an important part of the education. We aim to:

- ❖ Promote an active, healthy and enjoyable lifestyles
- ❖ Encourage self-motivation and confidence,
- ❖ Promote physical and social competence
- ❖ Promote an enjoyment of exercise
- ❖ Provide opportunities to compete competitively in a range of sporting contexts,
- ❖ Build character and embed our school core values of wisdom, respect, hope, self-control, friendship and resilience

### IMPLEMENTATION:

PE is taught at St John's C of E First School as an area of learning in its own right and where possible with other curriculum areas such as active maths. It is taught through a minimum of two PE sessions a week, one of those always taught by an experienced and qualified sports coach. Where possible, lessons in EYFS and KS1 will be taught using the REAL PE scheme focusing on the FUNDamental skills such as agility, balance and coordination. This will continue into KS2 with a focus on more specific sports. In all three stages, specific sports may be taught by expert coaches with the help and assistance of teachers as a form of CPD or by the teacher.

Lessons are planned so that children have the opportunity to:

- ❖ Have fun while experiencing physical activity,
- ❖ Participate in physical activity at their own level of development
- ❖ Build and secure a range of skills
- ❖ Develop positive sporting attitudes
- ❖ Understand and follow basic rules
- ❖ Learn to participate in physical activity safely and in a safe environment
- ❖ Experience sports competition in a positive environment within school and against children from other schools in the Frome Learning Partnership.
- ❖ Participate in sports festivals within school and with children from other schools in the Frome Learning Partnership.

### IMPACT:

Our St John's PE curriculum inspires children to succeed and excel in competitive sport and other physically-demanding activities. Through the PE opportunities we provide, children become physically confident in a way that supports their health and fitness. Through competition in sport and other activities builds their character and helps to embed our school rules, core values, and the values of fairness, equality and aspiration.

### CULTURAL CAPITAL:

By the end of Year 4, children will leave St John's as healthy as possible having experienced a wide range of sports and physical activities with an understanding of how to stay physically and mentally fit. They will have developed the skills and knowledge of rules and tactics to be to participate in the range of sports on offer as they move on to middle school.

Our hope is that our PE lessons help our children to join and continue to be part of community clubs within and beyond the local area in the hope that Frome can find another world champion like Jenson Button (F1) or the Olympian (4x400m relay) Emily Diamond.

**St John's C of E VA First School**  
**Together, we have the roots to grow and the wings to fly**

