Playdough Movement Song

(Sing to the tune of 'The Wheels on the Bus'.)

First squeeze the playdough in each hand, In each hand, in each hand. First squeeze the playdough in each hand, Playdough play!

(Children should squeeze the dough tightly in one hand and then the other.)

Now roll the playdough in your hands, In your hands, in your hands. Now roll the playdough in your hands, Make a ball!

(Children should roll the dough into a ball shape between their hands.)

Now roll the playdough long and thin, Long and thin, long and thin. Now roll the playdough long and thin, A saus-age!

(Children should roll the dough into a sausage shape between their hands.)

Now squash the playdough, make it flat, Make it flat, make it flat. Now squash the playdough, make it flat, A pan-cake!

(Children should squash the dough flat between their hands.)

Now nip the playdough round the edge, Round the edge, round the edge. Now nip the playdough round the edge, Nip, nip, nip!

(Children should pinch the dough around the edges between a thumb and finger.)

Now pat your fingers on the dough, On the dough, on the dough. Now pat your fingers on the dough, One by one!

(Children should pat the dough with each finger in turn.)

Now with your fingers, jump and star, Jump and star, jump and star. Now with your fingers, jump and star, Playdough play!

(Children should bring their fingers together on the dough and then lift them up and stretch them out wide, as if star jumping.)



