

School/Home Learning Week 7 – 13.07.2020

Activity	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Story / Theme Suggested Activities</p> <p>Weekly Focus: Feelings and Moving On.</p>	<p><u>Oh, the Places You'll Go!</u> Read the story/Listen on our school website. This week most of you will be speaking to your new teacher on Zoom. Just as Dr Seuss tells us in the story, changes can be really fun and something to look forward to but it is also OK if you feel worried or nervous – remember Leo in the story 'Leaving Mrs Ellis'? He was worried but then his new teacher was really nice. Let's think of some questions we could ask your new teacher (you could discuss as a class first), for younger children model writing these and for older children they could write down their questions or even write a letter? You might get a chance to ask these questions on your Zoom meeting with your new teacher.</p>	<p><u>Oh, the Places You'll Go! & The Colour Monster</u> Read/listen on our school website to 'The Colour Monster'. We have been thinking about how changes can be good and something to look forward to and embrace. But we can all have different feelings about changes or even feel a mix of feelings. Discuss the feelings that the Colour Monster felt, can children think of a time they have felt these? Have you ever felt a mixture of emotions? Sometimes we feel just one emotion but sometimes we feel a mix, like the Colour Monster did. Today you're going to design your own Colour Monster – your monster can look however you want but you need to decorate it with colours showing how you're feeling about your move to a new class (recap on colours from story). When children have finished, ask a few volunteers to show their monster and explain the colours they have chosen. This activity may lead to further discussions around moving on. You could always come back to this activity at the end of the week and see if the colours have changed.</p>	<p><u>Oh, the Places You'll Go!</u> Read the story/Listen on our school website, stop after the part – 'Un-slumping yourself is not easily done'. Discuss – what does it mean 'To be in a slump'? Who has felt in a slump before? Tell a partner about a time you have been in a slump. What words can we think of to describe a slump – sad, disappointed, upset etc. In the book, Dr Seuss says – 'Un-slumping yourself is not easily done' - what does 'un-slump' mean? What do you do to un-slump yourself? Share ideas. Give children a sheet of paper and ask them to split it into quarters, in each quarter draw (and write – for older children/challenge) a different way that you 'un-slump' yourself, e.g. tell a joke, listen to a favourite song, play with your favourite toy etc. Children to share their ideas with each other at the end of the lesson.</p>	<p><u>Oh, the Places You'll Go! & Dear Teacher</u> Read/listen on our school website to 'Dear Teacher'. Discuss – Why does Michael write those letters? Is his new class as bad as he thinks? Is he being positive about the change? This week we have been thinking about our journey of moving to a new class and our feelings. It is ok to be worried or nervous but as we saw with our colour monsters lots of you are also excited/happy about moving to a new class. In one of our mindfulness activities last week, we were thinking about being positive and thinking of positive things in our day so let's think about the positives of this change! Today you're going to think about what you've enjoyed this year and what you're looking forward to next year. Fold a piece of paper in half, on one side draw/write 3 things that you have enjoyed about this school year. On the other side write/draw 3 things that you are looking forward to in your next school year. Share these with the rest of your bubble.</p>	<p><u>Oh, the Places You'll Go!</u> Read the story/Listen on our school website. Discuss the meaning of the last page – time to go and meet those challenges etc.! There will be lots of challenges and changes throughout life, today we're going to think about - What do you want to be when you grow up? Discuss. Children draw a picture of themselves in their future job and write a sentence about what they want to be when they grow up (Older children/challenge – write why you want to do this job). Once everyone has finished put all of the drawings together and ask children to guess whose is whose.</p>

<p>Out of the Ark At Home</p>	<p>Section: Just for fun: Learn and sing the song: 'Just Sing'</p> <p>Listen to the song https://www.youtube.com/watch?time_continue=68&v=ut5_ZaEAS3s&feature=emb_logo Look at the last line of each verse e.g. Humpty Dumpty/kangaroo; mashed potato/vindaloo. There are four syllables in the first phrase (Hump-ty Dump-ty) and three in the second (kan-ga-roo). Also, the second word or phrase always ends with an 'oo' rhyme. Have some fun writing some new 'last lines' and try them out. 'Sing... (four syllables), Sing... (three syllables/oo rhyme), just sing!'</p>	<p>Section: Just for fun: Learn and sing the song: 'Just Sing'</p> <p>Sing the song we started to learn yesterday https://www.youtube.com/watch?time_continue=68&v=ut5_ZaEAS3s&feature=emb_logo Take some time to discuss everyone's experience of singing. When do you sing? Where do you sing? Why? What about other people in your family? How does it make you feel?</p>	<p>Section: Just for fun: Learn and sing the song: 'Just Sing'</p> <p>Perform the song to a family member or if in school one room sings to another. https://www.youtube.com/watch?time_continue=68&v=ut5_ZaEAS3s&feature=emb_logo Fun fact Singing is good for you in so many ways! It can: improve lung capacity and circulation; improve posture, confidence and self-esteem; enhance mental alertness and creativity; boost the immune system; improve your mood and much more!</p>	<p>Section: In it together Learn and sing the song: 'I have a song to sing'</p> <p>Enjoy singing one of our favourite songs at school. Remember how we sing it as a whole school with each year group joining in as the song progresses. https://www.youtube.com/watch?time_continue=10&v=QpdQrp2is4A&feature=emb_logo</p>	<p>Section: In it together Learn and sing the song: 'I have a song to sing'</p> <p>Enjoy singing one of our favourite songs at school. Remember how we sing it as a whole school with each year group joining in as the song progresses. https://www.youtube.com/watch?time_continue=10&v=QpdQrp2is4A&feature=emb_logo Now it is your turn to choose your favourite song to sing! Have fun!</p>
<p>Handwriting</p>	<p>Reception Focus: u</p> <p>Think of all the things you can starting with the letter p- air write the letter. Then complete 'u' page formation Twinkl- booklet (You don't need to print this booklet out- you could use the ideas from the book to create your own sheet at home) Year 1/2/3/4 Page 30 – Write in your neatest handwriting on a piece of paper (or the next page of the notebook) and then illustrate.</p>	<p>Reception Focus: v</p> <p>Think of all the things you can starting with the letter q- air write the letter. Then complete 'v' page formation Twinkl- booklet (You don't need to print this booklet out- you could use the ideas from the book to create your own sheet at home) Year 1/2/3/4 Complete any unfinished pages and illustrations to complete your book.</p>	<p>Reception Focus: w</p> <p>Think of all the things you can starting with the letter r- air write the letter. Then complete 'w' page formation Twinkl- booklet (You don't need to print this booklet out- you could use the ideas from the book to create your own sheet at home) Year 1/2/3/4 Complete any unfinished pages and illustrations to complete your book.</p>	<p>Reception Focus: x</p> <p>Think of all the things you can starting with the letter s- air write the letter. Then complete 'x' page formation Twinkl- booklet (You don't need to print this booklet out- you could use the ideas from the book to create your own sheet at home) Year 1/2/3/4 Write out your name and address in your neatest writing.</p>	<p>Reception Focus: y and z</p> <p>Think of all the things you can starting with the letter t- air write the letter. Then complete 'y and z' page formation Twinkl- booklet (You don't need to print this booklet out- you could use the ideas from the book to create your own sheet at home) Year 1/2/3/4 Write a fact sheet about you in your neatest handwriting. Try and include your name, age, who is in your family and information about your hobbies.</p>
<p>Maths</p>	<p>Use Home Learning Guidance activities</p>				
<p>Phonics/ Spelling</p>	<p>Use Home Learning Guidance activities</p>				

<p>Dough Disco / Dough Gym</p>	<p>Dough Disco 3d shapes</p> <p>Can you follow the teacher and make the 3d shapes shown?</p> <p>https://www.bing.com/videos/search?q=dough+disco+exercises&docid=607994303335435125&mid=D8947FADC38196ABA7D7AD8947FADC38196ABAD7A&view=detail&FORM=VIRE</p>	<p>Watch the video again from yesterday.</p> <p>https://www.bing.com/videos/search?q=dough+disco+exercises&docid=607994303335435125&mid=D8947FADC38196ABA7D7AD8947FADC38196ABAD7A&view=detail&FORM=VIRE</p> <p>Can you come up with your own 3d shape routine?</p>	<p>Dough Disco to the music. Choose your favourite piece of music. It may be Classical, Pop or Rock.</p> <p>Using the different actions that you have learnt from the Dough Disco can you make up a routine to share with a friend when you start back at school?</p>	<p>Dough Disco to the music. Choose your favourite piece of music. It may be Classical, Pop or Rock.</p> <p>Using the different actions that you have learnt from the Dough Disco can you make up a routine to share with a friend when you start back at school?</p>	<p>Dough Disco</p> <p>Select a range of different music. Warm up your fingers and then make different things using your dough. Can you make an elephant, giraffe, laptop, book?</p>
<p>Hall Time</p>	<p>Just dance 2020 on You Tube- Choose your favourite song.</p>	<p>imoves Dance Challenge has now ended. Choose your favourite dance, or use a mixture:</p> <p>Samba</p> <p>https://imoves.com/home-learning/1545</p> <p>Hip Hop</p> <p>https://imoves.com/home-learning/1546</p> <p>Disco</p> <p>https://imoves.com/home-learning/1544</p> <p>Bollywood</p> <p>https://imoves.com/home-learning/1547</p>	<p>Joe Wicks</p>	<p>Just dance 2020 on You Tube. Choose your favourite song.</p>	<p>Cosmic Yoga</p>
<p>MFL (KS2)</p>	<p>Re-cap</p> <p>Can you remember all of the numbers 1-10? Count forwards and backwards. Can you count in odd French numbers? Even French numbers. Adult says a number in English can the child say the number in French?</p> <p>https://www.bing.com/videos/search?q=french+counting+songs+to+10&docid=608012685822920646&mid=817C55F8C531FC9646CC&view=detail&FORM=VIRE</p>	<p>Re-cap</p> <p>Can you remember the different colours in French? Adult says a colour in English can the child say it is French and vice versa?</p> <p>https://www.bing.com/videos/search?q=french+colours+song&view=detail&mid=2C7C84A85C426BE80BDD2C7C84A85C426BE80BDD&FORM=VRDGA&ru=%2Fvideos%2Fsearch%3Fq%3Dfrench%2520colours%2520song%26qs%3DLS%26form%3DQBVDMMH%26sp%3D2%26pq%3Dfrench%2520colours%26sk%3DLS1%26sc%3D8-</p>	<p>Re-cap</p> <p>Can you remember how to say 'Hello my name is ...' in French. What are the different French names for people in your family?</p> <p>https://www.bing.com/videos/search?q=you+tube+family+names+in+french&view=detail&mid=9DFB91A709A497AC824B9DFB91A709A497AC824B&FORM=VDRVRV</p> <p>Can you make a set of Happy families snap cards writing the names in French instead of English of different family</p>	<p>Well Done for working so hard to learn how to speak French.</p> <p>Can you find a picture of the French flag? Which three colours are on the flag? What is the French flag called? Can you draw the French flag?</p>	<p>Well Done for working so hard to learn how to speak French.</p> <p>One final challenge... Can you find France in an atlas or online? Can you draw the outline of France? Are you able to label where the capital city is? What is the capital city of France? Can you find out about any famous landmarks in France?</p>

		<p>14%26cvid%3D88D9D096FA7E4098B82AE1B2B8C0B036</p> <p>Try and answer the quiz below, you need to know your colours!</p> <p>https://www.bing.com/videos/search?q=french+colours+for+kids+quiz&&view=detail&mid=95C4B93CBDDDB37DAE19E95C4B93CBDDDB37DAE19E&&FORM=VRDGAR&ru=%2Fvideos%2Fsearch%3Fq%3Dfrench%2520colours%2520for%2520kids%2520quiz%26qs%3DAS%26form%3DQBVDMMH%26sp%3D7%26pq%3Dfrench%2520colours%2520%26sk%3DHS1LS2AS3%26sc%3D8-15%26cvid%3DCDFD089375FC414EB5F5CA0C1B0230BF</p>	<p>members eg mother, father, brother, sister, aunt, uncle? You will need to make at least two of each card to play the game properly.</p>		
<p>Mindfulness</p> <p>During these activities, it may help to play some quiet, relaxing music.</p>	<p><u>Candle breathing</u></p> <ul style="list-style-type: none"> - Children sit up tall and hold their 'candle' in front of them. - Inhale deeply through their noses. - Pause for a count of one. - Softly breathe out through their mouth, careful not to blow too hard or you'll blow the candle out. - Repeat. - For your last breath out, breathe out quickly to blow your candle out. <p>- This video guides you through candle breathing: https://www.youtube.com/watch?v=49vxAsqi4hA</p>	<p><u>Relax Kids</u></p> <p>Listen to meditation story reading from Relax Kids on our school website (Wellbeing section).</p>	<p><u>Five finger relaxation</u></p> <p>This exercise can be used when you start to become stressed or anxious.</p> <ul style="list-style-type: none"> - Hold your palm upwards with fingers spread. - Inhale deeply, and on the exhale, fold your thumb into the palm and say 'I' to yourself. - Inhale deeply, and on the exhale, fold the next finger into the palm and say 'am' to yourself. - Continue with the next three fingers, using the words – 'calm', 'and', 'peaceful' for each finger. - Repeat until you are feeling calm. 	<p><u>The Book of Hopes</u></p> <p>Read a story from The Book of Hopes (https://literacytrust.org.uk/family-zone/9-12/book-hopes/)</p> <p>Or listen to one on our school website (School/Home Learning June July – Story time KS2)</p>	<p><u>Guided Meditation</u></p> <p>Find a Guided Meditation for Children on You Tube.</p>

Weekly Activities

(Can be completed on any day during the weekly activity time slot)

<u>Music</u>	<u>Wellbeing Activity</u>	<u>Word Games</u>	<u>Zoom/Growth Mindset DVD</u>	<u>Painting</u>
Can you create a dance routine to your favourite song or piece of music?	A genie has granted you three wishes. What would you choose and why?	Play a word game like I Spy, or try some online games: http://www.wordgametime.com/word-games	Choose one of the following movies: <ul style="list-style-type: none">• Big Hero 6• Zootopia• Inside Out<ul style="list-style-type: none">• Sing• Leap• Brave• Trolls• Up• Rock Dog	Paint or draw a picture of your favourite moment of the school year!