

School/Home Learning Week 5 – 29.06.2020

Activity	Monday	Tuesday	Wednesday	Thursday	Friday
Story / Theme Suggested Activities Weekly Focus: Feeling positive about transitions!	<p style="text-align: center;"><u>The Very Hungry Caterpillar</u></p> <p>Read the story/Listen to it on the school website.</p> <p>Discuss what happens to the caterpillar in the story. Identify the stages of the life cycle of a butterfly – egg, caterpillar, chrysalis, butterfly – watch a video about the life cycle: https://www.youtube.com/watch?v=3kZD6rSLUw</p> <p>This website also has information about the different stages - https://www.natgeokids.com/uk/discover/animals/insects/butterfly-life-cycle/</p> <p>Give children a sheet of paper and ask them to draw and label the life cycle. Older children/extra challenge – children could write a sentence or short description of what happens at each stage. To finish - Moving like the lifecycle of a butterfly to relaxing music - first as an egg becoming a caterpillar, then turning into a chrysalis, creating pupa and then finally emerging as a butterfly.</p>	<p style="text-align: center;"><u>The Very Hungry Caterpillar</u></p> <p>Today you are going to retell the story.</p> <p>Give children paper, pens, scissors and lolly sticks/strips of card and ask them to make puppets for the story. Discuss as a class what items they will need to make into puppets (caterpillar, fruits, food, leaf, egg, chrysalis, butterfly). Children to make their own puppets using the materials provided.</p> <p>Then practise retelling the story using their puppets, you may want to talk to the children about how to retell the story – using expression, clear narration etc.</p> <p>When children have had time to practise then ask them to tell the story to a partner using their puppets then listen to their partner. Older children/extra challenge – ask children to assess their partner’s story telling using 2 stars and a wish (two things they liked about it and one thing they could improve).</p>	<p style="text-align: center;"><u>The Very Hungry Caterpillar</u></p> <p>Read the story/Listen to it on the school website.</p> <p>Discuss the changes that the caterpillar goes through in the story and link to changes coming up for the children – ask children if they can think of any changes they have coming up in their life – moving schools/class, moving house, new sibling etc. How do they feel about these changes? Link to the caterpillar – maybe he was worried about the changes but all was OK in the end and it was part of his life cycle. We all have to go through life changes during our lives and although they can be worrying at first, they will turn out OK in the end. The caterpillar changes into a butterfly - we’re going to create a picture of the butterfly. Fold a piece of paper in half, on one half draw a butterfly (discuss patterns and shape first) then paint it before folding in half, then open up to make a perfectly symmetrical butterfly!</p>	<p style="text-align: center;"><u>Leaving Mrs Ellis</u></p> <p>Read the story/Listen to it on the school website.</p> <p>Stop after the part where he says goodbye to Mrs Ellis – How does Leo feel? Why? How does he feel about the next school year? Why?</p> <p>Continue reading until the end. How did Leo feel about Miss Lyons at first? Why do you think he felt that way? How does he feel about Miss Lyons at the end? Why? What changed his mind?</p> <p>Think about a time when you have been worried about something and it turned out ok in the end – discuss as a class. Fold a piece of paper in half, on one side draw a picture of how they felt about a change (e.g. moving house, getting a pet, sleeping away from home etc.) and write a sentence about how they were feeling and why. On the other side draw a picture and write a sentence about how they felt afterwards (e.g. proud, happy, excited etc.).</p>	<p style="text-align: center;"><u>Leaving Mrs Ellis</u></p> <p>Read the story/Listen to it on the school website.</p> <p>Have a discussion about transition to a new school/new class/new teacher. How do you feel? If they are worried/nervous/concerned explain that this is natural and link back to Leo in the story – he was worried but everything was OK and Miss Lyons turned out to be nice too.</p> <p>In the story Leo draws a picture for his new teacher. We don’t know who will be your new teacher next year but we can still start getting prepared for it. Draw/collage/paint/pastel (your choice) a picture for your new teacher that will tell them something about you, it could be a picture of you with your pet or doing a hobby that you enjoy etc.</p> <p>At the end of the session, put on some relaxing music and walk around the classroom ‘gallery’ viewing each other’s pictures.</p>
Out of the Ark At Home	<p>Section: Sing in Every Subject Learn and sing the song: ‘Water, food ,rest and exercise’ https://www.youtube.com/watch?time_continue=4&v=SEGCDT dY95s&feature=emb_logo</p>	<p>Section: Sing in Every Subject Learn and sing the song: ‘Water, food ,rest and exercise’ https://www.youtube.com/watch?time_continue=4&v=SEGCDT dY95s&feature=emb_logo</p>	<p>Section: Sing in Every Subject Learn and sing the song: ‘Water, food ,rest and exercise’ https://www.youtube.com/watch?time_continue=4&v=SEGCDT dY95s&feature=emb_logo</p>	<p>Section: Sing in Every Subject Learn and sing the song: ‘Living and Learning’ https://www.youtube.com/watch?time_continue=15&v=FOsX3 VZrL4&feature=emb_title</p>	<p>Section: Sing in Every Subject Learn and sing the song: ‘Living and Learning’ https://www.youtube.com/watch?time_continue=15&v=FOsX3 VZrL4&feature=emb_title</p>

	<p>What do we need to ensure that we stay fit and healthy? What happens if we don't have enough food, water, rest and exercise? What do you do to make sure you have enough rest and exercise?</p> <p>Watch the signing video to this song: http://tiny.cc/v05cmz and learn the signs for each of the 'necessities' mentioned in the verses (water; food; rest; exercise; shelter; warmth; light; oxygen).</p>	<p>Who can remember what do humans need to stay fit and healthy?</p> <p>Create a poster to show all of the things we need to stay fit and healthy.</p> <p>Continue to learn the song with the different signs.</p>	<p>Teach a friend or family member the signs for the song. Perform the song including the actions.</p>	<p>Ask if anyone knows how many hours are there in one day? Explain we have 24 hours allocated to each day due to the rotation of the earth on its axis.</p> <p>If you have a globe and torch, use these to show the tilt of the earth and how night turns to day.</p> <p>As an experiment to track the rotation of the earth, make your own flowerpot sundial using:</p> <ul style="list-style-type: none"> • Lengths of cane, dowelling or strong plastic • Large flowerpots with labels to write on around the inside edge • Earth or sand <p>Place the cane in the flowerpot and fill the pot with sand to ensure that the cane is straight and secure. Position the flowerpot in a sunny location so that each hour, exactly on the hour, you see where the shadow crosses the pot cane and mark the time on the pot throughout one day e.g. 10:00, 11:00, etc</p> <p>Play the song - does anybody recognise it? We have sung this song at school before!</p> <p>Learn the song and include actions.</p> <p>Fun Fact: Did you know? The Earth's rotation is gradually slowing down? A day will last about 25 hours... 140 million years from now. The sun is so big that over one million earths could fit inside it!</p>	<p>Investigate and talk about different changes that can take place within the natural world such as the seasons and living things like caterpillars, tadpoles and flowering plants.</p> <p>SHARE IT Draw a picture showing the life cycle of a frog or butterfly for others to see. You could draw a circle and divide the circle into the various parts of the life cycle. Enjoy singing the song with actions that you made up yesterday!</p>
Handwriting	<u>Reception</u> <u>Focus: k</u>	<u>Reception</u> <u>Focus: l</u>	<u>Reception</u> <u>Focus: m</u>	<u>Reception</u> <u>Focus: n</u>	<u>Reception</u> <u>Focus: o</u>

	<p>Think of all the things you can starting with the letter k- air write the letter. Then complete 'k' page formation</p> <p><u>Twinkl- booklet</u></p> <p>(You don't need to print this booklet out- you could use the ideas from the book to create your own sheet at home)</p> <p><u>Year 1/2/3/4</u></p> <p>Page 20 – Write in your neatest handwriting on a piece of paper (or the next page of the notebook) and then illustrate.</p>	<p>Think of all the things you can starting with the letter l- air write the letter. Then complete 'l' page formation</p> <p><u>Twinkl- booklet</u></p> <p>(You don't need to print this booklet out- you could use the ideas from the book to create your own sheet at home)</p> <p><u>Year 1/2/3/4</u></p> <p>Page 21 – Write in your neatest handwriting on a piece of paper (or the next page of the notebook) and then illustrate.</p>	<p>Think of all the things you can starting with the letter m- air write the letter. Then complete 'm' page formation</p> <p><u>Twinkl- booklet</u></p> <p>(You don't need to print this booklet out- you could use the ideas from the book to create your own sheet at home)</p> <p><u>Year 1/2/3/4</u></p> <p>Page 22 – Write in your neatest handwriting on a piece of paper (or the next page of the notebook) and then illustrate.</p>	<p>Think of all the things you can starting with the letter n- air write the letter. Then complete 'n' page formation</p> <p><u>Twinkl- booklet</u></p> <p>(You don't need to print this booklet out- you could use the ideas from the book to create your own sheet at home)</p> <p><u>Year 1/2/3/4</u></p> <p>Page 23– Write in your neatest handwriting on a piece of paper (or the next page of the notebook) and then illustrate.</p>	<p>Think of all the things you can starting with the letter o- air write the letter. Then complete 'o' page formation</p> <p><u>Twinkl- booklet</u></p> <p>(You don't need to print this booklet out- you could use the ideas from the book to create your own sheet at home)</p> <p><u>Year 1/2/3/4</u></p> <p>Page 24 – Write in your neatest handwriting on a piece of paper (or the next page of the notebook) and then illustrate.</p>
Maths	Use Home Learning Guidance activities				
Phonics/ Spelling	Use Home Learning Guidance activities				
Dough Disco / Dough Gym	<p>Use the Play dough Movement Song to warm up to (song words on our website). This week we are focussing on different ways to manipulate the playdough.</p> <p>Today: Roll a ball then pinch playdough ball using thumb and each finger in turn. Keep repeating throughout song.</p> <p>Do it to music – your choice or use this playlist: https://www.youtube.com/watch?v=oWgTqLCL8k&list=PLxJ4tOPzswWgCvVp0QgSuW00I7pZSd6aK</p> <p>To finish: your bubble's choice of dough disco video on YouTube.</p>	<p>Use the Play dough Movement Song to warm up to. This week we are focussing on different ways to manipulate the playdough.</p> <p>Today: Roll a sausage and then squeeze with left hand, repeat and squeeze with right hand. Keep repeating throughout song.</p> <p>Do it to music – your choice or use this playlist: https://www.youtube.com/watch?v=oWgTqLCL8k&list=PLxJ4tOPzswWgCvVp0QgSuW00I7pZSd6aK</p> <p>To finish: your bubble's choice of dough disco video on YouTube.</p>	<p>Use the Play dough Movement Song to warm up to. This week we are focussing on different ways to manipulate the playdough.</p> <p>Today: Roll a ball, then pat into a flat shape, poke each finger and thumb one at a time into the dough – work your way through the fingers. Keep repeating throughout song.</p> <p>Do it to music – your choice or use this playlist: https://www.youtube.com/watch?v=oWgTqLCL8k&list=PLxJ4tOPzswWgCvVp0QgSuW00I7pZSd6aK</p> <p>To finish: your bubble's choice of dough disco video on YouTube.</p>	<p>Use the Play dough Movement Song to warm up to. This week we are focussing on different ways to manipulate the playdough.</p> <p>Today: Do a mixture of all the exercises – ball it, roll it, squeeze it, poke it, flatten it, pinch it. Keep repeating throughout song.</p> <p>Do it to music – your choice or use this playlist: https://www.youtube.com/watch?v=oWgTqLCL8k&list=PLxJ4tOPzswWgCvVp0QgSuW00I7pZSd6aK</p> <p>To finish: your bubble's choice of dough disco video on YouTube.</p>	<p>Use the Play dough Movement Song to warm up to. This week we have read the story 'The Very Hungry Caterpillar', today you are going to make a caterpillar using playdough – roll balls of playdough and push together to make a caterpillar shape. Add antennae, eyes and feet.</p> <p>To finish: your bubble's choice of dough disco video on YouTube.</p>
Hall Time	Cosmic Yoga	Joe Wicks	imoves Dance Challenge – Bollywood https://imoves.com/home-learning/1547	Boogie Beebies with Oti Mabuse (5 minute episodes) Shine Like the Sun	Cosmic Yoga

				https://www.bbc.co.uk/programmes/m000jsp4 Sea Creatures https://www.bbc.co.uk/programmes/m000jsmm	
MFL (KS2)	Recap - What have we learnt in French over the past three weeks? How do we say- Hello/ Goodbye? How do we count to 10 in French? How do we say My name is? Watch the link below as a reminder: https://www.bing.com/videos/search?q=you+tube+saying+freind+s+name+in+french&docid=608017629179282936&mid=57647BAAEF3EAF6B5EEE57647BAEF3EAF6B5EEE&view=detail&FORM=VIRE Recap the colours. Continue with what we started on Friday with the children saying the names of their friends. Adult asks Comment tu t'appelles? Child replies Je m'appelle Teach children to say the names of the friends e.g. He is called - Il s'appelle She is called - Elle s'appelle Watch the link below to learn how to say the different members of the family. https://www.bing.com/videos/search?q=you+tube+french+songs+family&view=detail&mid=9AF9EE15AF248F7F570A9AF9EE15AF248F7F570A&rvsmid=5	Play number Bingo- children draw a 2x4 grid- and choose different numbers 1-10. Adult says the number in French- children cross out the number when said on their Bingo board. Swap roles- adult makes a board and the child says the number in French for them to cross out. Ask if anyone can remember any of the words in French for family members? Share 'Les membres de la famille' PowerPoint Introduce how to say mum, dad, brother and sister in French. As you share each slide do my turn your turn- you say the word in French and then the children/child. Use the My Family word search to try and find the different family names. To finish watch Presenting my family https://www.bing.com/videos/search?q=you+tube+french+songs+family&view=detail&mid=A2794810B8347EBAA90FA2794810B8347EBAA90F&rvsmid=581E9F15C96E9F5F0B72581E9F15C96E9F5F0B72&FORM=VDRVRV	Recap numbers 1-10- count using actions. Say a number in English- can the children translate the number into French? Watch the Family song https://www.bing.com/videos/search?q=you+tube+french+songs+family&docid=608047552281707606&mid=EC86DC74D810BA554A9EEC86DC74D810BA554A9E&view=detail&FORM=VIRE Explain that today the children are going to create a family tree- explain what a family tree looks like. The link below shows a family tree- it starts on French but then changes to English-(children need to remember to label their family tree in French!) https://www.bing.com/videos/search?q=you+tube+french+songs+family&view=detail&mid=A2BAE0886297772E63B2A2BAE0886297772E63B2&FORM=VDRVRV Either use the Twinkl resource to create a family tree- cutting out the characters and sticking them on the sheet- or create your own family tree. Draw a tree- can the children draw themselves and siblings on bottom branch of tree, then above- Mum and Dad and then	Say Hello and Goodbye to a friend/parent? How do you say My name is? Recap all of the different family members- How would you say, my brother? Etc. Complete the family tree from yesterday with the labels of family members in French.	Recap the colours in French from last week. How do you say red? yellow? etc. French Greetings with Ben Shires https://www.bbc.co.uk/sport/av/supermovers/45678750 French singing! Can you remember the nursery rhyme Incy Wincy Spider with the actions? Now it's time to learn it in French! The words are slightly different but it is the same tune! Can you learn the song and then record yourself singing it with actions? Or you could draw picture cards with the different parts of the song on which you hold up as you sing. Have Fun! https://www.youtube.com/watch?v=JuAa-7HeR4Q

	81E9F15C96E9F5F0B72581E9F15C96E9F5F0B72&FORM=VDRVRV Watch again- this time pause the video after each family member is said.		grandparents. Include Aunts and Uncles on the opposite side if possible- label using the French family names. Remember ma is written for any feminine (female) family member and mon is written for any masculine (male) family member		
Mindfulness During these activities, it may help to play some quiet, relaxing music.	<u>Random Acts of Kindness</u> Explain that a random act of kindness (RAK) is a way to cheer someone else up by doing something kind and thoughtful without a reason. - Ask children for examples of RAKs (smiling at someone first, writing a positive note and hiding it for a stranger to find, doing a chore without being asked etc). - Write these down and ask children to pick one that they are going to do this week. - Explain that when are doing the RAK, they cannot tell someone they are doing it because it is meant to be done without recognition.	<u>Relax Kids</u> Listen to meditation story reading from Relax Kids on our school website (Wellbeing section).	<u>Bear breathing</u> Children sit tall with closed eyes. They imagine themselves as a hibernating bear, sleeping peacefully in a cave. - Breathe in for five counts through their nose. - Hold for three counts. - Exhale slowly and steadily through their mouth for five counts. - Repeat.	<u>The Book of Hopes</u> Read a story from The Book of Hopes (https://literacytrust.org.uk/family-zone/9-12/book-hopes/) Or listen to one on our school website (School/Home Learning June July – Story time KS2)	<u>Guided Meditation</u> Find a Guided Meditation for Children on You Tube. Discuss our Random Acts of Kindness – did anyone achieve theirs? Did anyone do more than one? How did doing it make you feel?

Weekly Activities

(Can be completed on any day during the weekly activity time slot)

Music Choose a favourite song, learn all the words and sing along! Maybe make yourself a microphone out of cardboard or use a hairbrush. Have fun!	Wellbeing Activity Write down or draw a picture of anything that is worrying you. When you have finished rip or cut up the paper into tiny pieces and throw them into the air like confetti! It is really important to clear up the paper afterwards to look after	A Virtual Visit! Many places have virtual tours that you can enjoy online! Ever wanted to see inside Buckingham Palace or The Houses of Parliament? Then visit https://www.royal.uk/virtual-tours-buckingham-palace https://www.parliament.uk/virtualtour Or visit a museum or art gallery or even a zoo! https://britishmuseum.withgoogle.com/ https://www.edinburghzoo.org.uk/	Zoom/Growth Mindset DVD Choose one of the following movies: <ul style="list-style-type: none"> • Big Hero 6 • Zootopia • Inside Out • Sing • Leap • Brave 	Painting Paint your name in big bubble writing and decorate around it. Maybe put it up on your bedroom door if you are allowed.
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	your grown ups' well being too!	https://www.guggenheim.org/at-large https://www.nationalgallery.org.uk/visiting/virtual-tours	<ul style="list-style-type: none">• Trolls• Up• Rock Dog	
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