Activity	Monday	Tuesday	Wednesday	Thursday	Friday
Story /	INSET	Following Rules	While we can't hug	The Invisible String	The Invisible String
Theme	DAY	Listen to / watch the reading on the	Read the story on YouTube	Read the story or watch the	Recap on the story and encourage
Suggested		school website.	https://www.youtube.com/watch?v=2PnnFrP	reading on the school website.	children to talk about who they are
Suggested Activities		What are our school rules? 5 Bs? What new / extra rules might we need now? (Make sure all additional rules are covered) Each child to take a different rule to illustrate like in the book – to create a Bubble Rules Display. Ready typed rules will be prepared for YR and Y1 to illustrate Y2 and KS2 to write the rule as well as illustrate. Talk through what might happen if people don't follow the rules / talk through what happens if people do follow the rules. Play 'Simon Says' All About Me! How can we describe people? Hair / eyes / nose / mouth / height / build Draw a picture of yourself (and label all your physical characteristics) What do you like? I like in the middle pictures of everything you like around the words. What don't you like? I don't like in the middle pictures of everything you don't like around the words.	Arriver of the set of	reading on the school website. Discuss the people we are attached to by a string and how this means they are always with us even when we can't see them. Children make their own Invisible Heart String – cut out hearts (5/6 each) and write the name of a person you are connected to by your invisible string. Punch a hole in each heart and thread onto wool/string, tie a knot before and after each heart so they don't slide around. You could decorate the hearts too. Keep your Invisible Heart String somewhere you can see it to remind you of all the special people you are connected to.	children to talk about who they are missing and who they are connected to. Today we're going to show who we are connected to – on a piece of paper draw yourself in the middle of the paper and then draw pictures of the people you are connected to around you, colour them in and then using pieces of wool or string stick it on the paper to connect special people on your paper (you could draw 'string' if you don't have any).
		Share likes and dislikes with the group. Bubbles 7 – 9 write a short			
		autobiography.			
Out of Ark	INSET	Section: Wellbeing	Section: In It Together	Section: Wellbeing	Section: Wellbeing
At Home	DAY	Song: 'I have a song to sing' Children know this song well.	Song: 'Together' Children know this song well!	Song: 'As One' – new song Activity – Challenge – Families at	Song: 'As One' Activity: Talk about / share / did
		Activities as listed		Home / Bubbles in school	you know

			Activities as listed – apart from in		
			school unable to do 'Share It' -		
			could do the action on those beats		
			from 'The Challenge'		
Handwriting	INSET	Reception	Reception	Reception	Reception
-	DAY	Minibeast pencil control pg.1 – loops (e).	Minibeast pencil control pg.2 –	Minibeast pencil control pg.3 –	Minibeast pencil control pg.4 –
		Year 1/2/3/4	straight lines (l).	curved lines (m).	curved lines (m).
		In handwriting we're going to make our	Year 1/2/3/4	<u>Year 1/2/3/4</u>	<u>Year 1/2/3/4</u>
		own copy of the book 'Oh the Places	Second page – Write in your	Third page – Write in your neatest	Fourth page – Write in your
		You'll Go! By Dr Seuss (but you can	neatest handwriting on a page of	handwriting on a page of paper (or	neatest handwriting on a page of
		choose any book to make your own copy	paper (or the next page of the	the next page of the notebook) and	paper (or the next page of the
		of). First Page – Write in your neatest	notebook) and then illustrate.	then illustrate.	notebook) and then illustrate.
		handwriting on a page of paper (or the			
		first page of a notebook) and then			
		illustrate.			
Maths	INSET	Use Home Learning Guidance activities			•
	DAY				
Phonics/		Use Home Learning Guidance activities			
Spelling					
Dough Disco		Set clear rules – to only use their named	Choose a Dough Disco Clip or two	Choose a Dough Disco Clip or two	Choose a Dough Disco Clip or two
/ Dough		pot.	from internet	from internet	from internet
Gym		Choose a Dough Disco Clip or two from	Can you make certain shapes?	Can you make certain shapes?	Can you make certain shapes?
Ogin		internet	Can you make certain letters /	Can you make certain letters /	Can you make certain letters /
		Can you make certain shapes?	phonemes/ numbers / spellings /	phonemes/ numbers / spellings /	phonemes/ numbers / spellings /
		Can you make certain letters /	animals / shapes	animals / shapes	animals / shapes
		phonemes/ numbers / spellings / animals			
		/ shapes			
Hall Time		Joe Wicks	Cosmic Yoga	Joe Wicks	Cosmic Yoga
MFL (KS2)		What words do you know in other	Say 'Hello' and 'Goodbye' in	Count to 10 in French.	Revisit 'Hello' / 'Goodbye' and
		languages? Tell somebody at home.	French.		counting to 10 in French.
			Can you find out how to say hello		
			in other languages?		
Mindfulness		Deep Breathing —	Listen to meditation story reading	Read a story from The Book of	Find a Guided Meditation for
		Breathe in 1, 2, 3, 4, 5 (slowly filling	from Relax Kids on our school	Hopes	Children on You Tube.
		the body with your breath).	website (Wellbeing section).	(<u>https://literacytrust.org.uk/family-</u>	
		Pause (for the count of one).		zone/9-12/book-hopes/)	
		Brethe out 1, 2, 3, 4, 5, 6 ,7 ,8			
		(slowly pushing the air from your lungs).			
		Pause (for the count of one).			
		Repeat.			

Weekly Activities (Can be completed on any day during the weekly activity time slot)

	Wellbeing Activity	<u>Pen Pals</u>	Zoom	Painting
	We can feel lots of different	Recap on 'While we can't hug' and	Your child will be able to join in	Free-style painting — paint
	emotions throughout the day or	remind children that Tortoise wrote	with a weekly Zoom call.	anything they like to give to
	week. One emotion is happiness,	a letter and Hedgehog wrote one		somebody else to make them feel
INSET DAY	can you show someone what	back. Explain that we are going to		happy.
INSET DAT	happiness looks like? Make a list of	start writing to a friend as a pen		
	all the things that make you happy	pal while we can't see them.		
	so that when you're feeling sad,	Discuss things we might write in		
	worried or angry you can look at	the letter and then children write		
	the list and do something to make	their own letter to their pen pal.		
	yourself feel happy.	For younger children write a		
		template letter that they can copy		