COVID-19 (coronavirus): A quick guide for parents/carers



days.



Covid-19 Symptoms include at least one of a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste.

cough; a loss of or change to your sense of smell or taste.		County Council We're all in it together
What If?	What should I do?	Can they attend school?
My child is 11+ years old and no symptoms are present.	Participate in twice weekly LFD screening. Maximise the quality of your test by reading the instructions and do not eat or drink at least 30 minutes before the test. Please report the result on NHS Test and Trace.	As long as the child feels fit and well, they should attend school.
My child takes an LFD test and gets a positive result but doesn't have symptoms	Inform school of positive test result. Book a PCR test here Testing for coronavirus (COVID-19) - NHS (www.nhs.uk) or by calling 119.	Whilst they wait for their PCR test, they should self-isolate until they receive a negative PCR result. If the PCR test is positive, they should self-isolate
A member of my household has taken an LFD test and returned a positive result	Household member should book a PCR test here Testing for coronavirus (COVID-19) - NHS (www.nhs.uk) or by calling 119. Siblings and household contacts should take daily LFD tests for 7 days. LFDs can stop if the PCR returns a negative result Inform school and report the LFD results daily.	As long as the child feels fit and well and their LFDs are negative, they should attend school.
My child tests positive on a test taken at school	Child should be picked up from school as soon as possible. There is no need for a confirmatory PCR test because the test is taken at an assisted test site based at the school.	Child should isolate for 10 days, from the date of the test, or onset of symptoms. Other people in the household who are fully vaccinated or under 18 do not need to isolate unless/until they get symptoms or a positive test result. All close contacts should take daily LFDs for 7

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What If?	What should I do?	Can they attend school?
My child has Covid-19 symptoms	Self isolate and book a PCR test here Testing for coronavirus (COVID-19) - NHS (www.nhs.uk) or by calling 119. Inform school that you are waiting for test results.	If they have a negative test result and feel better they can return to school. If they have a positive PCR result, they must self isolate for 10 days.
My child returns a negative PCR result but is still poorly	Inform the school of the negative result. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at https://111.nhs.uk/ or by phoning 111.	The child should remain at home in isolation until the Covid-19 symptoms have passed and 48hrs since the fever has passed.
Somebody in my household has Covid-19 symptoms	Household member should book a PCR test here Testing for coronavirus (COVID-19) - NHS (www.nhs.uk) or by calling 119. If their PCR is positive, household contacts need to take an LFT daily for 7 days. Inform school and report the LFD results daily.	Child should attend school so long as the LFT is negative and they have no symptoms. Other people in the household who are fully vaccinated or under 18 do not need to isolate unless/until they get symptoms or a positive test result. All close contacts should take daily LFDs for 7 days.
Somebody in my household has taken an PCR test and returned a positive result	Siblings and household contacts should take daily LFD tests for 7 days. Inform school and report the LFD results daily.	Other people in the household who are fully vaccinated or under 18 do not need to isolate unless/until they get symptoms or a positive PCR or LFD test result. All close contacts should take daily LFDs for 7 days.