

'The Nest' Nurture – Home Learning Plan

Reading and Understanding. Context and Emotional Awareness.

- Reading books – this does not have to be school books, any books you have at home, familiar or new ones, read together and take turns to read words, paragraphs or whole pages.
- Talk about the story. What happened? Did you like it? What might happen next? Who was your favourite character? Why did you like them? Who didn't you like and why? What would you have done? How did the characters feel? Act out favourite parts of, or even the whole story. Take turns to become different characters.
- Your child can make up their own story. Create a book with folded paper and they can add picture and illustrations too. Maybe they can be a character in their story!

The World Around Us – Spring Topic/Weather Topic.

- Look out the window or go into the garden. What signs of spring can you spot? Draw a picture of the signs of spring. Your child could add some labels to the drawing too.
- Go on a Spring Hunt. You can use the Spring Hunt Checklist from the Twinkl website, or create your own together.
- Weather – What is the weather like in spring? Use different words to describe the weather each day. Your child can make a Weather Diary and draw a picture of it each day, labelling appropriate parts of their drawing.
- You can create a Weather Station in the garden. Use a container to measure and see how much it rains each day. You can add this information to your Weather Diary. Take photographs of interesting weather that you notice and add these too.

Physical Development – Balance and movement

- Create an obstacle course together, perhaps a Pirate Treasure Map! Ask your child about the Pirate obstacle course that we had in the Nest. You

can do this outside if the weather permits (use chalk etc.) or inside. You can make different activity stations where your child must;

- Balance on 1 leg with a pillow on their head for 1 minutes
- Walk the Plank, use masking tape etc. to create a thin straight line for the plank.
- Hop on 1 leg to pick up a magic shell.
- Crawl through a pretend cave under a table etc.
- Find buried treasure hidden around.
- Swim to the Treasure Island avoiding the sharks!

The possibilities are (almost!) endless.

- Build a den – use different household materials to make a den such as blankets, sheets and cushions. Talk about what you have used to make the den, and how you have worked together and problem solved to make the best one you can.
- Use bubbles outside. Ask your child how we choose to burst them during Circle Time and set your own challenges for each other. Jump, skip, clap, hop, etc. Have fun!

Communication, Language and Memory.

- Share a bedtime story. Can your child predict what might happen next? Can they talk to you about the story?
- Can your child follow instructions with several ideas or actions? Play Simon Says.
- Help your child to build their memory skills. Play games such as ‘I went shopping and bought.....’ adding a new item each time in turn and repeating the growing list.
- Follow a recipe. Help your child to follow instructions. Can they remember the instructions and their order once they have finished? Ask them to repeat the instructions to you. Take photos of the finished dish. Perhaps compile your own favourite family recipe book.
- Play puzzles together. Help your child draw a picture, cut it up, and create their own puzzle. Can they put it back together correctly and then challenge you to?

Personal, Social and Emotional Development

- Try something new. How did it feel?
- Make Feeling's Fans for the family, or use faces and draw different emotions on each to show how you are feeling. Talk about these feelings. Have a regular 'check in' time each day to share feelings.
- Can your child think of 3 rules that we have in The Nest? Make a poster of these rules. Can they think of any new ones? Do you have house rules? Talk about these and make a poster for the home.

Expressive Arts and Craft

- Find a stick and decorate it with paint, glitter, curling ribbon, card shapes to create a magic wand. Talk about what you would use the wand for and then make a wish.
- Learn a new song or practise an old favourite. Can your child add actions and movement whilst singing it? Can they teach you to do it too?
- Listen to a song on the radio. Talk about how this song or music makes your child feel. Paint or draw a picture about how it made them feel.
- Create a picture of Spring using different materials, bits of tissue paper, card and materials. You can go also outside to collect twigs, feathers etc. to use.

Useful Websites –

www.purplemash.com/sch/stjohnsfs - (See home learning books for pupil log-ins)

www.elsasupport.co.uk – Has a parent section suitable for parents to use with emotional awareness and wellbeing.

[Twinkl](https://www.twinkl.com)

